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LONGEVITY SPORT LAB TERMS AND CONDITIONS

I. INTRODUCTION

1. Longevity Sport Lab, operated by Longevity Sport Lab Sp. z o.o. with its registered office in Warsaw, is a specialized center for training, functional diagnostics, and recovery, operating based on current scientific knowledge in the fields of exercise physiology, lifestyle medicine, and preventive healthcare. The purpose of Longevity Sport Lab is to support Clients in improving physical fitness, performance, strength, mobility, and broadly understood longevity through an integrated approach combining:
 - functional diagnostics and analysis of body parameters,
 - personalized training programs,
 - modern recovery protocols,
 - cooperation with the medical entity Longevity Center in the scope of healthcare services, if included in the selected Membership.
2. Longevity Sport Lab operates primarily on a membership (subscription) model, allowing Clients to use service packages tailored to their individual needs, training goals, and health condition.
3. These Terms and Conditions define, in particular:
 - 1) the rules for concluding and performing Agreements (Subscriptions),
 - 2) the rights and obligations of Clients and Longevity Sport Lab,
 - 3) the conditions for using services offered within available Memberships.
4. Use of Longevity Sport Lab services constitutes acceptance of these Terms and Conditions.
5. Access to services is only possible with a valid Membership. Subscription is made via the Gymmanager application. Entering into a Subscription is equivalent to accepting these Terms and Conditions.
6. These Terms and Conditions form an integral part of the Subscription. In case of discrepancies, the Subscription provisions prevail.
7. The Terms and Conditions are available in paper form at the premises and digitally on the website: <https://longevitysportlab.com/en/>

II. DEFINITIONS

1. Whenever one of the following terms is used in these Terms and Conditions, it shall be understood as follows:

Membership Pass – a virtual document entitling the holder to use the services or service packages included therein, within the period, quantity, and frequency depending on the type of the pass. Longevity Sport Lab offers membership passes (Memberships) as well as time-based and single-entry passes, entitling the holder to use specific services in the quantity defined by the pass.

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Current pass options and a convenient purchase mechanism are available at: <https://longevity.gymmanager.io/public/buy-pass>.

Membership – membership in the Longevity Sport Lab club, granted on the basis of a selected and duly paid Membership Pass. Membership entitles the Client to use a range of services included therein. The Client selects the Membership variant at their own discretion. Memberships are based on a flexible, client-friendly subscription model, with the possibility to discontinue the selected Membership (cancel the Subscription) at any time, in accordance with the rules set out in these Terms and Conditions.

Personal Data – any information relating to an identified or identifiable natural person. An identifiable natural person is one who can be identified, directly or indirectly, in particular by reference to an identifier such as a name, identification number, location data, online identifier, or one or more specific factors determining the physical, physiological, genetic, mental, economic, cultural, or social identity of that person.

Health Data – personal data relating to the past, current, or future physical or mental health of an individual, including information collected during registration for healthcare services or during the provision of such services, as well as any number, symbol, or designation assigned to uniquely identify a person for healthcare purposes. This also includes information derived from laboratory or medical examinations of body parts or bodily substances (including genetic data and biological samples), and any information concerning disease, disability, risk of disease, medical history, clinical treatment, or physiological or biomedical condition. Health Data constitutes sensitive data.

Membership Declaration – a statement of intent by the Client included in the Subscription, confirming acceptance of the Terms and Conditions and consent to join the selected Membership variant. Submission of the Membership Declaration is a condition for commencing Membership. A template of the Declaration constitutes Appendix No. 1 to these Terms and Conditions. The parties may waive the requirement to sign the Membership Declaration; in such case, the Subscription shall be deemed concluded upon the Client's commencement of use of Longevity Sport Lab services. Commencing use of the services also constitutes acceptance of these Terms and Conditions.

Client – an adult natural person who has entered into an Agreement with Longevity Sport Lab, or a person under 18 years of age who has entered into an Agreement with the consent of a legal representative (parent or legal guardian), as well as a natural person for whose benefit a legal entity or organizational unit without legal personality (e.g., an employer for an employee) has entered into a Subscription Agreement. In such cases, the provisions of the Terms and Conditions and the Subscription, particularly regarding the Subscription period, obligation to pay subscription fees, and rules for cancellation or renewal, shall apply accordingly to such legal entity or organizational unit.

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Longevity Sport Lab – depending on the context:

- 1) Longevity Sport Lab Sp. z o.o., with its registered office in Warsaw at ul. Belwederska 9 (00-761 Warsaw), entered into the Register of Entrepreneurs maintained by the District Court for the Capital City of Warsaw in Warsaw, 13th Commercial Division of the National Court Register, under KRS number 0001103892, tax identification number (NIP): 5214068570, and statistical number (REGON): 528555999; or
- 2) the sports and recovery facility operated by Longevity Sport Lab Sp. z o.o., located at ul. Myśliwiecka 4a in Warsaw.

Longevity Center – Longevity Center Sp. z o.o., with its registered office in Warsaw at ul. Belwederska 9 (00-761 Warsaw), entered into the Register of Entrepreneurs maintained by the District Court for the Capital City of Warsaw in Warsaw, 13th Commercial Division of the National Court Register, under KRS number 0000796083, tax identification number (NIP): 5252796113, and statistical number (REGON): 383946708, tel.: +48 22 400 22 77, email: hello@longevity-center.eu, operating a medical entity registered in the Register of Entities Performing Medical Activity maintained by the Mazovian Voivode under registration number 000000222882. Longevity Center is a partner entity of Longevity Sport Lab responsible for the medical component of selected Membership services, in particular the pre-membership diagnostic package (Functional Diagnostics), aimed at assessing the Client's health condition, including verifying the absence of contraindications to using Longevity Sport Lab services and adapting training plans to the Client's health status and capabilities.

Subscription Fee – a recurring fee for Membership, charged monthly either automatically or paid in advance by the Client, with payment commencing on the Subscription start date.

Pass Personalization – modification of the service package included in a Membership Pass in order to tailor it to the individual needs of the Client.

Website – the Longevity Sport Lab website available at <https://longevitysportlab.com/en/> together with its subpages.

Detailed Membership Specification – a list of services or the number of services (sessions) available under a selected Membership Pass.

Subscription – a type of membership agreement between the Client and Longevity Sport Lab defining the selected Membership variant and granting the Client the right to use specific services of Longevity Sport Lab, and – where applicable – services of partner entities. The Subscription Fee is charged either automatically on a monthly basis from the Client's designated payment method (e.g., a payment card) or paid manually using the payment methods available in Gymmanager.

ICT System a set of cooperating IT devices and software enabling the processing, storage, transmission, and receipt of data via telecommunications networks using appropriate end devices, within the meaning of the Polish Telecommunications Law of 16 July 2004.

Service – a medical and/or non-medical service included in a Membership Pass. A Service may

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also include products covered by the Membership (e.g., wearables, dietary supplements).

III. MEMBERSHIPS

1. Longevity Sport Lab offers, in particular, the following Membership options:
 - 1) 1-month Membership,
 - 2) 3-month Membership,
 - 3) 6-month Membership,
 - 4) 12-month Membership,
2. 1- and 3-month Memberships are short-term and flexible; however, they are not subject to suspension (freezing) as described in Section VI. 6- and 12-month Memberships are subject to suspension rules specified in Section VI.
3. Additional Membership variants may be introduced on the Website, to which these Terms and Conditions shall apply accordingly. The availability or purchase of existing Memberships may be temporarily suspended or otherwise limited.
4. Depending on individual health recommendations or contraindications, a Longevity Sport Lab trainer, in consultation with a Longevity Center physician and in agreement with the Client, may modify the service package included in the selected Membership Pass by proposing substitute services.
5. The Client may use one or multiple Membership Passes simultaneously, including combining services included therein, provided that there are no health-related contraindications.
6. The detailed Membership Specification, defining the service packages assigned to each Membership, is available on the Website.

V. PAYMENTS

1. The Subscription Fee shall be payable no later than on the Membership start date, and subsequently on a monthly basis on the day corresponding to the Membership start date. If such a day does not exist in a given month, the payment shall be made on the last day of that month.
2. The Subscription Fee shall be paid either via an automatic recurring payment system (operated by Espago – payment terms available in the Gymmanager application) or manually, in advance, before the beginning of each month (operated by Przelewy24 – payment terms available in the Gymmanager application). Statutory interest for late payment may be charged on overdue Subscription Fees.
3. The recurring payment system consists of:
 - a) charging the Client's credit or debit card in an amount corresponding to the selected Membership variant,
 - b) initiating a bank transfer order for the Subscription Fees by the Client's bank.
4. The Client is obliged to set appropriate limits on their credit or debit card and to maintain sufficient funds in their bank account to enable the collection of the Subscription Fee. These

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limits should be set for mail order/telephone order transactions and online transactions at a level ensuring successful payment processing. Longevity Sport Lab reserves the right to retry charging the Client's account if the payment due under the Subscription is not successfully processed on time. Failure to successfully charge the credit or debit card does not release the Client from the obligation to pay the Subscription Fee.

5. The first recurring payment of the Subscription Fee shall be made no later than on the date of commencement of the Service, prior to the provision of such Service.

VI. SUBSCRIPTION

Conditions for Entering into a Subscription

1. No written form is required to conclude a Subscription – the Subscription shall be deemed concluded no later than upon the Client's commencement of using the Membership. By entering into the Subscription, the Client confirms that they have read and accepted these Terms and Conditions. Longevity Sport Lab reserves the right to suspend the Client's use of the Membership until the Subscription Fee has been paid.
2. A Subscription is concluded by the Client selecting a Membership variant, accepting the Terms and Conditions, and signing a Subscription Agreement or Membership Declaration either in paper form at Longevity Sport Lab or by means of electronic solutions available at the Longevity Center premises or via the Website. A Subscription may also be concluded by the Client commencing use of the selected Membership, whichever occurs first.
3. Longevity Sport Lab reserves the right to suspend the commencement or use of the Membership until the Client has settled the applicable Subscription Fee(s).
4. Any amendments or modifications to the Subscription deviating from these Terms and Conditions shall require an annex to the Subscription, concluded in written or electronic form (e.g., email), failing which they shall be null and void.
5. The Subscription does not oblige the Client to use the Services; however, if the Client fails to use the Services for reasons attributable to the Client, the Client shall not be entitled to a refund, unless otherwise provided in these Terms and Conditions.

Cancellation and Renewal of Subscription

6. The Client may cancel the Subscription with a 3-month notice period in the case of a 6-month Membership and with a 6-month notice period in the case of a 12-month Membership, effective at the end of a calendar month. Short-term Subscriptions cannot be cancelled before the expiry of the period for which they were concluded.
7. Subscriptions are renewable. At least one month prior to the expiry of the Subscription period, Longevity Sport Lab shall notify the Client of the upcoming end of the Subscription and its automatic renewal under the same variant, unless the Client submits a written or electronic notice (failing which it shall be invalid) requesting termination of the current Subscription upon

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expiry of its term. In such case, the Subscription shall expire in the 6th (sixth) or 12th (twelfth) month of its duration, respectively, on the day corresponding to the initial Subscription start date, or, if such a day does not exist, on the last day of the 12th month of the Subscription term.

8. If the Client does not submit a notice of resignation in accordance with paragraph 7 above and the current Subscription period expires, the Subscription shall be automatically renewed for a further period identical to the previous one (i.e., 1, 3, 6, or 12 months, depending on the variant). The cancellation periods specified in paragraph 6 above shall apply to the renewed Subscription period.
9. All Services included in the Membership for a given Subscription period must be used before the end of that period. The Membership cannot be extended or transferred, in whole or in part, beyond the Subscription period.

(Suspension (Freezing) of Memberships – applies to 6- and 12-month Memberships)

10. Each Client may use a one-time, free suspension of a 6- or 12-month Membership for 1 (one) full calendar month during the Subscription period..
11. The suspension must:
 - 1) be requested no later than 7 days before its planned start date,
 - 2) cover a full calendar month,
 - 3) result in the automatic extension of the Subscription period by the duration of the suspension.
12. After using the free suspension period, each subsequent month of suspension is paid, amounting to PLN 500 for each started month of suspension. The fee must be paid before the suspension period begins; otherwise, the suspension will not be activated.

Termination of Subscription by Longevity Sport Lab

13. Longevity Sport Lab is entitled to terminate a Subscription **with immediate effect** for valid reasons, in particular if:
 - a) the Client behaves in a manner that prevents or significantly hinders the use of Longevity Sport Lab services, e.g., in an offensive, aggressive, or threatening manner that endangers the health or life of staff or other Clients, or in a way that violates their personal rights or public decency,
 - b) due to force majeure, Longevity Sport Lab is unable to provide the Services – subject to the obligation to refund any overpaid fees to the Client,
 - c) in the event of failure to process a recurring subscription payment for reasons attributable to the Client, provided that the Subscription can only be terminated after the Client has been notified to settle all outstanding subscription fees within 7 days,

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- d) in the event of a delay in payment of any part of the subscription fee lasting at least 30 days.
14. Termination of the Subscription by Longevity Sport Lab may be effected by sending a termination notice via email to the Client's email address or a written termination notice to the Client's residential address.
15. Termination of the Agreement by Longevity Sport Lab for reasons listed in points 13(a), (c), and (d) or for other reasons attributable to the Client does not release the Client from the obligation to pay subscription fees for the entire period for which the Subscription was to remain in effect.

VII. RULES FOR THE PROVISION OF SERVICES

1. Any Services offered by Longevity Sport Lab that are not included in the Client's selected Membership Package are subject to additional payment.
2. Use of software necessary for the operation of the applications, provided by third-party providers, may also incur additional fees, including license fees or subscription fees for applications supporting wearable devices.
3. Before starting a Membership, it is recommended that the Client complete a package of medical tests in accordance with the assumptions of the Membership.
4. Using Services included in the selected Membership Package may require additional consultations with a trainer, medical specialist, or other professionals.
5. Provision of Services of a medical nature requires a medical interview, confirmation of no contraindications, and appropriate preparation by the Client according to the guidelines of Longevity Center. The Client acknowledges that in some cases, additional tests may be required before using the Services.
6. Services included in the Memberships that are health-related are provided by medical personnel with the required professional qualifications, in accordance with medical knowledge and all applicable laws, including respect for patients' rights.
7. The Client should report to Longevity Sport Lab, via correspondence to ul. Belwederska 9, 00-761 Warsaw, by phone at +48 884 008 002, or via email at warsaw@longevitysportlab.eu, any concerns regarding the provision of Services, including safety concerns. Longevity Sport Lab will respond promptly and provide the Client with detailed information about how the report (complaint) is processed.
8. Any additional important information regarding Services, including Membership Packages, not included in the Regulations or Specifications, is available on the Service Platform and by phone. Such information is general in nature and does not constitute medical advice.
9. Using a Membership and accessing Services—both included in the Membership Package and other Services offered by Longevity Sport Lab—always requires booking an appointment: by phone, email, through the Service Platform, or in person at the Club. Longevity Sport Lab will endeavor to provide availability that allows the Client to follow the plan and schedule of the Membership Package. Before the Service is provided, the Client will be informed about how to prepare for the Service.
10. The Client has the right to cancel a Service booking free of charge up to 24 hours before the

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scheduled appointment. If the Service is not canceled or the cancellation deadline is missed, the Service will be considered rendered.

11. Failure to use access to Services during the Membership period due to reasons attributable to the Client (e.g., travel) does not entitle the Client to a refund or reduction in the Membership fee, except as provided under the suspension rules in Chapter VI.

VIII. ETIQUETTE AND SAFETY

1. At Longevity Sport Lab, the following are strictly prohibited:
 - 1) using equipment in a manner inconsistent with its intended purpose or without a trainer's supervision,
 - 2) recording rooms, staff, or other Clients using devices that capture audio or video, unless no persons are depicted or the person visible has given prior consent. The burden of proof regarding consent rests with the person recording,
 - 3) bringing weapons, gas, ammunition, explosives, flammable materials, or other dangerous objects onto Longevity Sport Lab premises,
 - 4) being under the influence of alcohol or similar substances,
 - 5) disturbing the peace, including behavior that causes discomfort or inconvenience to staff or other Clients,
 - 6) using any equipment without prior authorization and instruction from a qualified staff member, or using it beyond the scope of authorization or instructions.
2. While using Longevity Sport Lab Services, Clients are required to:
 - 1) wear appropriate clothing and footwear for the Service,
 - 2) bring their own towel,
 - 3) maintain proper hydration.
3. Any deterioration in well-being or changes in health status must be immediately reported to a trainer, Customer Service staff, or—if occurring during a Service—to the person providing the Service.
4. In case of illness, particularly contagious or otherwise health-threatening conditions, the Client must cease using the Services and may resume only after full recovery.
5. Longevity Sport Lab staff do not provide medical advice or consultations. In case of worsening health or alarming symptoms, Longevity Sport Lab will provide first aid and contact appropriate emergency services. Longevity Sport Lab does not provide transportation to medical facilities, including emergency departments.
6. Longevity Sport Lab reserves the right to deny access or interrupt a Client's use of Services if there is reasonable suspicion that the Client's health condition makes the use of Services unsafe.

IX. LIABILITY

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1. Longevity Sport Lab is responsible for exercising due diligence in the provision of Services, according to general principles.
2. The Client is responsible for ensuring that the Personal Data provided, including health information, is complete and accurate to the best of the Client's knowledge.
3. Longevity Sport Lab is not liable for consequences resulting from false or incomplete information provided by the Client.

X. PRIVACY POLICY

1. The Privacy Policy is available on the Service Platform
2. The Longevity Sport Lab Privacy Policy is a document that specifies which personal data of users visiting the Service Platform or interacting with Longevity Sport Lab through the Service (e.g., by submitting a form, completing a survey, or subscribing) are collected and processed by Longevity Sport Lab. The Privacy Policy explains how, by whom, and for how long users' data are processed, as well as the purposes and legal basis for their use.

XI. INTELLECTUAL PROPERTY AND KNOW-HOW

1. The Service Platform, as well as materials and applications made available through it, together with all materials provided by Longevity Sport Lab to the Client—including these Terms & Conditions and any Annexes—are protected by the proprietary copyrights of Longevity Sport Lab. Upon downloading or receiving any materials or applications published on the Service Platform, sent via email, or provided at the Longevity Sport Lab premises, Longevity Sport Lab grants the Client a non-exclusive license to use the materials and applications for the duration of the Program, solely for non-commercial purposes and personal use, to the extent necessary for the proper implementation of the Program.
2. Upon termination or expiration of the Agreement, all licenses granted to the Client under these Terms & Conditions cease to apply.
3. Longevity Sport Lab owns and uses know-how, including information related to protocols used in Memberships. If the Client comes into possession of any such know-how, the Client is obliged to maintain strict confidentiality.
4. For matters not regulated by these Terms & Conditions, the Intellectual Property available on the Service Platform is subject to the Terms of Use, which are accessible on the Service Platform.

XII. COMPLAINT PROCEDURE

1. Clients have the right to submit inquiries, comments, and complaints regarding the Services provided by Longevity Sport Lab.
2. Inquiries, comments, and complaints should be submitted in person at Longevity Sport Lab Club (Myśliwiecka 4a, Warsaw) or by email to warsaw@longevitysportlab.eu.

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3. A complaint must include at least:
 - a) Information allowing the identification of the Client and contact details: full name, email address, phone number, or mailing address. Anonymous complaints will not be considered.
 - b) A description of the subject of the complaint and the circumstances supporting it, including the date of occurrence.
 - c) The Client's expectations regarding Longevity Sport Lab, in particular, the desired actions to be taken by Longevity Sport Lab.
4. Inquiries, comments, and complaints will be processed as quickly as possible, in a manner corresponding to the form of submission (i.e., written, by phone, or electronic), no later than 14 business days from the date of receipt. A longer processing period may apply in cases requiring evidence collection, provided the Client is informed in advance about the inability to process the submission within 14 days and the expected additional time for resolution.
5. If the information provided in the submission is incomplete, Longevity Center will request the Client to provide the missing information before processing the complaint. The time taken by the Client to provide additional explanations will extend the complaint processing period..

XIII. FINAL PROVISIONS

1. The Annexes referred to in these Terms & Conditions form an integral part of the Terms & Conditions.
2. The Terms & Conditions may be amended for important reasons, in particular in the event of changes to applicable laws affecting their content, changes related to the scope of Services provided by Longevity Sport Lab, including Membership Packages, changes in the types of Services offered, or changes regarding technical requirements.
3. The Terms & Conditions may be amended for important reasons, in particular in the event of changes to applicable laws affecting their content, changes related to the scope of Services provided by Longevity Sport Lab, including Membership Packages, changes in the types of Services offered, or changes regarding technical requirements.
4. Longevity Sport Lab may use the services of third parties (subcontractors).
5. Matters not regulated by these Terms & Conditions shall be governed by applicable law
6. Any disputes between Longevity Sport Lab and the Client relating to the provision of Services shall be resolved by the court having jurisdiction over the registered office of Longevity Sport Lab.
7. These Terms & Conditions come into effect on 01 July 2025 and apply to Agreements (Subscriptions) concluded from that date onward.

Attachment No. 1: Subscription – Membership Declaration

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SUBSCRIPTION – MEMBERSHIP DECLARATION LONGEVITY SPORT LAB

I, the undersigned:

_____, Address for correspondence _____,
PESEL (Polish National Identification Number) _____

I declare that:

1. I am joining Longevity Sport Lab Membership for a period*:
 - 1 month
 - 3 months
 - 6 months
 - 12 months

* Please indicate the selected option.

2. I confirm that I have read the Longevity Sport Lab Terms & Conditions and the Specification of the Membership I have selected, I accept their content, and I agree to comply with their provisions.
3. I confirm that I have received the Information Clause regarding the processing of my personal data.
4. I commit to paying subscription fees on time, in accordance with the Membership option and payment method I have chosen, under the risk of suspension or loss of Membership, while remaining obliged to cover subscription fees for the entire period for which the Membership was to be valid, as specified in point 1 above..

_____, _____

date

Client's legible signature